

Is There More to Life Than This?

HOST NOTES: SESSION 1

Tips and Ideas

1

Introduce guests to Alpha
– What is it? Who is it for?
How long does it last?
What's the format?

2

Always finish on time and
try to do something social
afterwards to carry on
chatting – perhaps at a
pub or café

3

Remember that the first
session is different from
others; it's more about
getting to know each
other. In future weeks we'll
have more discussion
about the session's talk

Small Group Questions

TO GET DISCUSSION GOING AFTER THE TALK

- Start getting to know each other. Play icebreakers, such as the Name Game or Desert Island/Stuck in a Lift. Try to discourage Christian-related answers
- How and why did you end up coming here today?
- If it turned out that God existed and you could ask one question, what would it be?

Good Points to End on

- We hope you enjoyed this evening, it's a bit different from other weeks. If you're feeling a bit frustrated, don't worry – there will be lots more time for discussion next week
- Next session's talk: Who Is Jesus?
- If you want to watch tonight's talk again, you can catch up on alpha.org/tv

Books

What's So Amazing About Grace?

Philip Yancey

The Return of the Prodigal Son: A Story of Homecoming

Henri J. M. Nouwen

Searching Issues: Does Religion Do More Harm Than Good?

Nicky Gumbel

The Alpha logo consists of a large, stylized red number '3' with a white cutout in the middle. Below the '3' is a red circle containing the word 'Alpha' in white, bold, sans-serif font.

Alpha